Financial Wellness @Work





As we stand at the end of 2022, it is a good time to look back at the year that has passed and the progress you made this year towards achieving your financial goals. What held you back? What pushed you forward? The good news is that achieving financial security and reaching a financial goal is possible, access our top actions by clicking here.

This month we share success stories from clients who thought it unbelievable that they could be where they are financially today, watch the video below:

Read <u>more</u> or watch the <u>video</u> - It's not too late to achieve your financial goals



Join our December Challenge

Did you survive or thrive financially in 2022? Share your financial highs and lows with us.

Contact your financial coach - we are just a click away.



Yours in financial health,





O Life Health Solutions, 2021

For confidential assistance on financial matters, contact your **EMPLOYEE WELLNESS PROGRAMME** on toll-free 0800 004 770 or SMS your name to 31581